



2019 Winter-Spring  
**Charleston Area RACE CALENDAR**

online information >> <http://ccwc.blog>

◆ FREE Group Conditioning (Group Run in CCX) ◆  
Jan. 3 - Feb. 16, 2019

- Every Tuesdan & Thursday at 5:30pm & 6:30pm  
- Every Saturday at 9:00am  
All levels. Open for everybody. Meet at the Green Barn!

2019		Starting at	Team	Race	Distance	Venue
January	12	Sat	8:00 AM	<a href="#">Charleston Marathon</a>	5K, Half and Full Marathon	Charleston
	26	Sat	8:30 AM	<a href="#">Charlie Post Classic 15K/5K</a>	5K/15K	Sullivan's Island
	26	Sat	2:00 PM	<a href="#">The Great Amazing Race</a>	1.5M	West Ashley Park Charleston
Feburuary	2	Sat	8:30 AM	<a href="#">Save The Lighthouse 13.1 &amp; 5K</a>	5K Half Marathon	Folly Beach
	9	Sat	10:00 AM	<a href="#">Cupid's Chase 5K</a>	5K	James Island County Park
	9	Sat	12:00 PM	<a href="#">Cupid's Undies Run</a>	1 Mi	Loggerhead's Beach Grill Folly Beach, SC
	16	Sat	9:00 AM	<a href="#">Head for the Cure 5K</a>	5K	Palmetto Islands County Park (Mt. Pleasant)
	16	Sat	8:00 AM	<a href="#">Super Run 5K</a>	5K	Laurel Hill Park (Mt. Pleasant)
	23	Sat	8:00 AM	<a href="#">Almost 9 Miler</a>		Moncks Corner
	23	Sat	9:00 AM	<a href="#">Sharing Hope Race for Life</a>	10K / 5K	James Island County Park
March	2	Sat	9:00 AM	<a href="#">Give Me Shelter Color 5K</a>	5K	Moncks Corner
	2	Sat		<a href="#">Where the Wild Things Run 5K</a>	5K	Caw Caw Interpretive Center
	2	Sat	9:30 AM	<a href="#">Ashley River Adventure Race 5K &amp; Paddle</a>	5K Run with an 8.5m Paddle	Ashley River Park, Ashley River, and Middleton Plantation
	9	Sat	7:00 AM	<a href="#">Peyton's Wild and Wacky 5K/50K/50K Relay</a>	5K/50K/50K Relay	Laurel Hill Trail
	9	Sat	9:00 AM	<a href="#">The Hippie Dash 5K</a>	5K	James Island County Park
	9	Sat		<a href="#">5K Run/Walk for Literacy</a>	5K	Felix Pinckney Community Center (North Charleston)
	14	Thur	6:30 PM	<a href="#">Catch The Leprechaun 5K</a>	5K	Mt Pleasant Waterfront Park
	16	Sat	9:00 AM	<a href="#">Bosch 5K</a>	5K	North Charleston Riverfront Park
	16	Sat	★	<a href="#">Rugged Maniac 5K</a>	5k	Boone Hall Plantation
	16	Sat	7:50 AM	<a href="#">Shamrock Shuffle</a>	5K / 10k / 1 Mile	Summerville
	17	Sun	12:30 PM	<a href="#">Race &amp; Roast</a>	5K Trail Run	Oakland Plantation (Mt. Pleasant)
	23	Sat	8:30 AM	<a href="#">Cobra Charge 5K</a>	5k	Cane Bay
	23	Sat		<a href="#">Palmetto 70</a>	70 mile Relay	Moncks Corner
April	30	Sat	★	<a href="#">The 5K Foam Fest</a>	5K Novelty	Johns Island County Park
	4	Thur	6:30 PM	<a href="#">iFiveK</a>	5K	North Charleston Riverfront Park
	6	Sat		<a href="#">Cooper River Bridge Run</a>	10K	Mt. Pleasant - Downtown Charleston

★ We have a team. Contact Ryoko Abbott (ryoko.abbott@gmail.com) for the details.

As of Jan. 1st, 2019

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