

Spring Season (March 11 - April 20, 2019)

online information >>> http://ccwc.blog

*Sunrise - 7:00am *Sunset - 7:30pm

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 1	3/11	3/12	3/13	3/14	3/15
		9:00-10:00AM Zumba® Toning All Levels		9:00-10:00AM Conditioning + Yoga All Levels	
		No Class		6:30-7:30PM STRONG by Zumba® Advanced	
	3/18	3/19	3/20	3/21	3/22
Week 2		9:00-10:00AM Zumba® Toning All Levels		No Class	
		CCNA Meeting		No Class	
Week 3	3/25	3/26	3/27	3/28	3/29
		9:00-10:00AM Zumba® Toning ^{All Levels}		9:00-10:00AM Conditioning + Yoga All Levels	
		6:30-7:30PM CCX Boot Camp All Levels		6:30-7:30PM STRONG by Zumba® Advanced	
Week 4	4/1	4/2	4/3	4/4	4/5
		9:00-10:00AM Zumba® Toning All Levels		9:00-10:00AM Conditioning + Yoga All Levels	
		6:30-7:30PM CCX Boot Camp		6:30-7:30PM STRONG by Zumba® Advanced	First Friday
Week 5	4/8	4/9	4/10	4/11	4/12
		9:00-10:00AM Zumba® Toning All Levels		9:00-10:00AM Conditioning + Yoga All Levels	
		6:30-7:30PM CCX Boot Camp All Levels		6:30-7:30PM STRONG by Zumba® Advanced	
Week 6	4/15	4/16	4/17	4/18	4/19
		9:00-10:00AM Zumba® Toning All Levels		9:00-10:00AM Conditioning + Yoga All Levels	
		6:30-7:30PM CCX Boot Camp All Levels		No Class	

^{*} Season Pass (Non-refundable, only valid for 6 weeks), Punch Card (Valid through May 2018 to April 2019) for \$25, Drop-in; \$5

^{**} Classes can be canseled due to weather / facility condition.