



Early Summer Season (May 21 - July 2, 2019)

online information >>> <http://ccwc.blog>

*Sunrise - 6:15am

*Sunset - 8:15pm

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 1	5/20	5/21 6:30-7:30PM CCX Boot Camp	5/22	5/23 6:30-7:30PM POUND fitness® (40mins) + Sunset Yoga (20mins)	5/24
Week 2	5/27	5/28 6:30-7:30PM CCX Boot Camp	5/29	5/30 NO CLASS	5/31
Week 3	6/3 NO CLASS	6/4 NO CLASS	6/5 NO CLASS	6/6 NO CLASS	6/7 11:10-12:00AM Aqua Zumba® FIRST FRIDAY
Week 4	6/10	6/11 6:30-7:30PM CCX Boot Camp	6/12	6/13 6:30-7:30PM POUND fitness® (40mins) + Sunset Yoga (20mins)	6/14 11:10-12:00AM Aqua Zumba®
Week 5	6/17	6/18 6:30-7:30PM CCX Boot Camp	6/19	6/20 6:30-7:30PM POUND fitness® (40mins) + Sunset Yoga (20mins)	6/21 11:10-12:00AM Aqua Zumba®
Week 6	6/24	6/25 6:30-7:30PM CCX Boot Camp	6/26	6/27 6:30-7:30PM POUND fitness® (40mins) + Sunset Yoga (20mins)	6/28 11:10-12:00AM Aqua Zumba®
Week 7	7/1	7/2 6:30-7:30PM CCX Boot Camp	7/3	7/4 	7/5

* Season Pass (Non-refundable, only valid for 6 weeks), Punch Card (Valid through May 2018 to April 2019) for \$25, Drop-in; \$5

** Classes can be canceled due to weather / facility condition.